



EmployeeCare

Natural Disaster Support- California Wildfires

EmployeeCare is committed to supporting our members during these trying times by offering unlimited care referrals, including backup and emergency care for childcare, adult care, elder care, pet care, individuals with special needs, and self-care, and college and university members. These services are available 24/7, 365 days a year, supporting your members through all phases of a natural disaster and beyond. Members can reach out on mobile, online and telephonic platforms 365, 24/7. Life doesn't stop; EmployeeCare is here to support you every step of the way.

California Wildfire Updates



Natural Disaster Resources

Visit these websites and put in your zip code to get resources for specific a event near you.

- **The California Department of Forestry and Fire Protection (CAL FIRE)** is the fire department of the California Natural Resources Agency in the U.S. state of California www.fire.ca.gov
- The website DisasterAssistance.gov serves as a central hub for individuals and communities affected by natural disasters. It provides essential resources and tools to help with disaster preparedness, response, and recovery. www.disasterassistance.gov
- **Federal Emergency Management Agency** www.fema.gov/
- **United Way:** <http://www.unitedway.org> – The site will ask for your zip code, and then provide you with a local contact telephone number. In many areas, you can reach the United Way by simply dialing “211” or going to <https://www.211.org/about-us/your-local-211>
- **American Red Cross:** 800-HELP-NOW or www.redcross.org
- **Salvation Army:** 800-SAL-ARMY or www.salvationarmyusa.org
- **Catholic Charities:** 800-919-9338 or www.catholiccharitiesusa.org
- **National Animal Rescue & Sheltering Coalition (NARSC)** <https://www.thenarsc.org/>
- **ICNA Relief:** <http://icnarelief.org>

How We Can Help

EmployeeCare provides both immediate and long-term care referrals focused on physical safety, emotional well-being, and access to essential resources. Below are examples of care referrals we can provide before, during, and after natural disasters:

1. Immediate Care (First 24-48 Hours) Safety and Shelter: Referrals for temporary shelters from local governments, the Red Cross, or community organizations, including information on emergency evacuation centers. **Medical Care:** Referrals for emergency medical services or urgent care. Referrals to first aid organizations that set up stations in disaster zones. Referrals for emergency food supplies from relief agencies, community centers, or government distributions. **Communication:** Referrals to local emergency services or disaster hotlines to assist with locating individuals and sharing important safety information.

2. Basic Needs and Long-Term Care Emotional Support: Referrals for support groups offered by organizations such as the Red Cross, FEMA, or local health providers to help members cope with the trauma of natural disasters. Referrals for self-care resources, coaching, mindfulness practices, and meditation for stress and grief management. **Hygiene and Sanitation:** Educational materials on maintaining hygiene to prevent illness outbreaks in shelters (e.g., handwashing, sanitizing). Referrals to clean bathroom facilities or emergency sanitation solutions such as portable toilets and hygiene kits. **Health Care Support:** Referrals for medical supplies needed for ongoing conditions (e.g., diabetes, asthma) through relief organizations or local pharmacies.

3. Care and Community Support: Referrals to community programs that offer assistance with rebuilding, clean-up drives, or neighborhood support. Referrals to religious and cultural organizations that provide shelter, emotional support, and aid. Unlimited referrals for care services, including prenatal, parenting, childcare, adult care, elder care, pet care, special needs care, self-care, college and university support, as well as self-care coaching and consultations.

4. Post Disaster Rehabilitation and Recovery Support: (Weeks to Months After) **Home Repairs and Reconstruction:** Referrals for assistance programs through FEMA or local governments that provide financial support for rebuilding homes. **Community services and self-care coaching referrals for ongoing support.** **Financial Assistance:** Referrals to state or federal disaster relief programs. Referrals to non-profits like the Red Cross, Salvation Army, and local charities offering grants, food, clothing, and financial aid. **Care and Community Support:** Referrals for community services and programs supporting recovery efforts like rebuilding and clean-up drives. Referrals to religious and cultural organizations offering shelter and support. Unlimited referrals for care services, including prenatal, parenting, childcare, adult care, elder care, pet care, special needs care, self-care, and college/university resources.

5. Educational Materials: We can provide Educational Materials and Resource Planning information for Future Disaster Preparedness, Care Service Referrals, and more.

Every family's situation is unique, and we encourage your members to reach out for personalized care referrals tailored to their specific needs. Take care and know that we're here to support you in finding the care and resources you need during these challenging times. Please just complete a referral quest form based on your family's needs.